



Tryout Packet 2026-2027

All required paperwork with ★ is due by
3:00 P.M. Tuesday, February 24th
at ORHS Senior Campus Front Desk
NO LATE PACKETS WILL BE ACCEPTED!



CONROE
INDEPENDENT
SCHOOL DISTRICT

Recommended Cheerleading Guidelines and Procedures

2026 - 2027

SCAN QR Code Below–Be sure to READ.

You will sign at the bottom!



Tryout Information 2026-2027

1. **Application Packets:** Packets must be picked up at the MANDATORY Tryout Meeting, February 17, 2026, at 6:00 p.m. in the ORHS Senior Campus Team Room.
2. **Eligible Candidates:** Any eighth, ninth, tenth, or eleventh grade student living in The Oak Ridge High attendance zone or a student who has an approved transfer to Oak Ridge High School for the 2026-2027 school year.
3. **Application Procedures:**
 - A. Read your packet very carefully. You must agree to abide by the enclosed cheerleader guidelines in order to be accepted as a cheerleader candidate.
 - B. Complete and submit ALL of the following documents (all required pages will have a ★ in the upper LEFT corner):
 - (1) ORHS cheerleader tryout application form, (2) ORHS acknowledgement form, (3) Cheerleader participation and medical release form, (4) CISD guidelines commitment, (5) Teacher evaluation (*only for candidates not currently ORHS or Irons Cheerleaders*), (6) UIL Squad Participation

NOTE: All forms need to be turned in to the front office of

 - Oak Ridge High School Senior Campus by **:3:00p.m. Tuesday, FEBRUARY 24th, 2026**
 - 8th grade packets IRONS JUNIOR HIGH front office by: **4:00p.m. Tuesday, February 24th.**

FAILURE TO TURN IN FORMS ON TIME WILL RESULT IN A LOSS OF ELIGIBILITY FOR TRYOUTS. NO EXCEPTIONS!
 - C. If you make the squad, you must have a NEW UIL approved physical form turned in to the coach prior to June 1, 2026; failure to do so could result in removal from the squad. ***Physical will serve for 2026-2027**
 - More information on this will be given at the New Squad Meeting (please do not get a NEW physical until after the tryout meeting date).**
4. **Clinic Dates:** Practice days for all cheerleading candidates will be **Monday - Wednesday, March 2 - 5.** **Clinic attendance is MANDATORY for all participants. No videoing of material will be allowed.**
5. **Clinic Times:** Clinic on the above dates will be from
3:00 -4:30 pm for candidates trying out for the junior varsity and/or varsity squad
5:00 - 6:30 pm for candidates trying out for the freshmen squad.
6. **Clinic Location:** Clinic practice sessions will be held at **ORHS Senior Campus Red Gym.**
7. **Clinic Sessions:** Clinic sessions are closed to the public. Only coaches, candidates, clinicians, and administrators are allowed to be present during clinic practice sessions.
 - **Monday** – Dance And Band Chant
 - **Tuesday** –Cheer and review Material
 - **Wednesday** – Practice and Mock Tryouts

8. **Tryouts:** Tryouts will be held on **Thursday, March 5, 2025** in the Reg gym at Oak Ridge High School Senior Campus.

Candidates will arrive at the large gym at staggered times:

- Mascot candidates arrive at 2:45 p.m.
- Incoming Senior/Junior/Sophomore candidates arrive at 3:05 p.m.
- Incoming Freshman candidates arrive at 5:30 p.m.

*Please be aware that tryouts may last until 8:30/9pm or later. **No candidates may leave prior to being released by the coaches.** You may want to bring a snack. Drinks will be available in the vending machines. All trash must be picked up before the candidates are dismissed.

9. **Dress:** Dress for tryouts will be as follows:

- Black of **medium length** (no wind shorts) with some type of brief, bike short underneath. Shorts should not be rolled at the top, nor should they have any emblems of any kind (i.e.: private gym logos, cheer, ORHS, Irons 774etc).
- White short-sleeved shirt. Must be long enough that your stomach is not showing at any time. It should be solid white with no emblems, logos, or imprints of any kind.
- Short white socks and proper athletic shoes with no emblems, logos, or imprints of any kind.
- No jewelry of any kind.
- Hair pulled back in a high ponytail and out of the face. Bow is optional (no emblems, logos, or imprints of any kind).

10. **Evaluation:**

A. **70 points of the candidates score will come from professional judges based on the following criteria:**

Dance
Band Chant
Standing and running tumbling
Cheer
Jumps
Motion Placement
Sharpness/Technique
Tidy and appropriate appearance
Projection, facials, spirit, and enthusiasm

B. **30 points will come from discipline:**

DAEP/ISS/OSS
Detention
Attendance (we will only be looking at Unexcused Absences)
Tardies: 3 tardies = 1 Unexcused Absence
Coach evaluation/Teacher evaluation

11. **Results: Results of cheerleader tryouts will be posted Friday, March 6th, AFTER 5:00 p.m. on the cheer website: www.orhscheer.com**

12. If you make a 2026-2027 cheerleading squad, there will be a **mandatory** uniform fitting after Spring Break at Oak Ridge High School Senior Campus, on **Thursday, March 19, 2026 (see information in packet).**

One guardian and the new cheerleader will need to attend.

We are glad you decided to try out for ORHS Cheer, and we wish you the very best!

Squad Information 2026-2027

- The Oak Ridge High School cheerleaders will be selected during a try-out process by qualified judges that have no ties to anyone trying out.
- Squad selection will be determined by a natural break in the judging scores. Scores will be composed of 70% performance skills as outlined on the provided sample score sheet and 30% coach evaluations, as mandated by CISD. The coach evaluation portion is non-negotiable and not subject to change by the coach/advisor(s). The final cut line will be established at the discretion of the coaches in agreement with the assigned tryout administration.
- - Varsity: Squad will consist of sophomores, juniors, and seniors. The Varsity squad number will be determined by the natural break. Mascots are considered varsity members.
 - Jr. Varsity: Squad will consist of freshmen, sophomores, and juniors. JV squad members will be based on the natural break.
 - Freshmen: Squad will consist of solely freshmen cheerleaders if the number of candidates allow the amount, the final number will be decided by coaches and cheer administrators based on tryout numbers.
 - The availability of a freshman cheer squad will be determined each season based on the number of participating athletes and the availability of coaching staff. A freshman squad is not guaranteed, and athletes may be assigned accordingly at the discretion of the coaching staff and administration.
 - If there is a freshman squad, freshman candidates can only make the freshman team.
 - Mascots: Coaches and administrator over cheer will make the decision of who the best candidate will be for the position of Wally the War Eagle .
 - All teams will be selected by a judges' panel consisting of 4 qualified judges from various independent organizations. The judge's scores will be averaged together to make up 70% of the total score. The remaining 30% will be an individual's evaluation based on school discipline, attendance, and cheer discipline (only 10 pts of this evaluation is a coach's score). If you are not a current cheerleader, you will have a teacher recommendation form.
- Only coaches, advisors, graduating seniors (in good standing who are assisting with the tryout clinic), CISD administrators, medical staff, and hired judges will be involved or present during the tryout process.
- Employees of CISD will tabulate the scoring on the day of tryouts. Tabulators have no affiliation with any candidate trying out.

Transfer from CISD Schools 2026-2027

Students currently attending CISD secondary campuses are permitted to tryout at only one campus. Students who have been approved for a transfer to a different district campus are eligible to tryout at the school he/she will be attending in the fall if known and approved prior to the tryout date.

Students who make a cheerleading squad at one campus and then transfer to another campus are not placed on the new school's squad.

Because tryout standards and competition may be different from school to school, students who move from one attendance zone to another during the school year or during the summer and transfer to a different secondary campus within the school district will not be automatically placed on a team. However, because changing addresses is frequently beyond the control of the family, it is our desire to allow transfer students who have been a member of another campus squad within our school district to be considered for audition or tryout for the squad of his/her new school as a courtesy; however, the final decision as to whether to allow a student to audition will be the principal's.

If permitted to tryout, the receiving cheerleader sponsor, with the approval of the campus principal, will determine whether the student who transferred is eligible for membership on one of the teams based on the student's tryout performances.

TENTATIVE CHEERLEADING DATES 2026-2027

2026-2027 ORHS CHEER IMPORTANT DATES **(More dates to come once new squads are announced)**

- **February 24th (Tuesday)** - Cheer Packets Due! No Exceptions (High School-3:00 p.m.; Iron's Jr. High-4:00 p.m.) **Please turn in tryout papers/packets in a sealed envelope with first and last name in your campus's front office. *See page 18 below for what all to include!**
- **March 2nd - 4th** - Cheer Tryout Clinic **3:00 p.m.- 6:30 p.m.** (Red Gym)
- **March 5th** - Cheer Tryouts (Red Gym) Holding area will be in Wrestling Room
- **Incoming 10-12th graders report at 2:50 p.m .**
- **Incoming 9th graders report at 5:30 p.m.**
- **March 6th** - New Squads posted by 5 p.m. ONLINE at our ORHS Cheer webpage.
- **March 17th** - MANDATORY New Squad Meeting, MPR @ 6 P.M.
- **March 19th** - New Squad Fitting, 3-6 P.M. (one parent must be present)
- **April/May** - After school - new squad practices - TBD (Tuesday/ Thursday evenings)
- **July 20th-22nd**- Stunt Clinic /Pre-Camp practice
- **July 28th -31st** – Summer Camp @ Great Wolf Lodge, Webster, TX
- **August 3rd-5th** – Welcome Back practices (times TBD)
- **August Meet the War Eagles(TBD)**
- August Feeder Pep Rally (TBD)
- After school Practice Tuesdays for all squads at the beginning of school year

*** UIL Competition Squad will practice on Mondays & Wednesdays once the team has been established. Dates for choreography will be scheduled and shared ASAP.

*****Community Service events and other appearances will be scheduled. Our season picks up at the start of our Welcome Back Practices.****

ALL EVENTS ARE MANDATORY

Cheerleader Responsibilities



Cheerleading requires a SIGNIFICANT amount of time, commitment, and dedication on the part of the cheerleaders. Academics should always be a priority; cheerleading should be next with all other activities to follow. Responsibilities include, but are not limited to the following.

- B. The cheerleader will maintain academic eligibility.
- C. The cheerleader will represent Oak Ridge High School in a positive manner in action, dress, and overall conduct, and will always exhibit acceptable standards of citizenship (example: in the halls, in the classroom, at events, in the community, social media, etc.)
- D. The cheerleader will refrain from gossiping or any form of verbal or physical confrontation. This includes all electronic communication/usage (example: Twitter, Facebook, Snapchat, TikTok, YouTube, Instagram, etc.).
- E. The cheerleader will enhance school spirit (school dress up days, making spirit signs, etc.).
- F. The cheerleader will wear appropriate uniforms or outfits on specific days at scheduled events.
- G. The cheerleader will follow through with all commitments. The cheerleader will attend all games, practices, and functions. They will also **be on time to each one. Further, he/she will plan family outings, appointments, and other activities with the cheerleading schedule in mind first and foremost. He/She will take responsibility for reminding their parents of contacting a coach about an absence.**
- H. The cheerleader will communicate in a positive manner with teammates, coaches, and staff.
- I. The cheerleader will maintain a positive attitude toward school and cheerleading.
- J. The cheerleader will continue to be coachable.
- K. The cheerleader is expected to maintain and improve all skills.
- L. The cheerleader will be able to take directions and criticism positively.
- M. The cheerleader will be cooperative.
- N. The cheerleader will silence his/her cell phone at practices and games.
- O. The cheerleader will have all his/her gear with him/her at all times in the cheer bag.
- P. The cheerleader will refrain from celebrating the misfortune or defeat of another person, team, or program.
- Q. The cheerleader will accept placements and awards with dignity and class.

Please sign and date the following to acknowledge that you have read and understand the cheerleader responsibilities.

Cheerleader signature: _____ **Date:** _____

Parent/Guardian signature: _____ **Date:** _____

Parent Responsibilities



Cheerleading requires a significant amount of time, commitment and dedication on the part of the parents. Before tryouts, read and consider all of the information before allowing your daughter/son to try out. If your daughter/son is selected please:

- A. Encourage her/him to abide by the rules set forth by coaches and administrators.
- B. Attend booster club meetings.
- C. **Pay balances on time to remain in good standing.**
- D. Refrain from using cheerleading as a punishment. This does not punish one cheerleader, but an entire squad since there is no one to substitute for your cheerleader.
- E. Agree to notify the coach if your cheerleader is ill at least 24 hours in advance.
- F. Provide punctual transportation.
- G. Direct concerns about your cheerleader on an individual basis directly to the **coach first.**
- H. **Parents/Guardians will Join the band app and check the band app and emails daily and read them in their entirety for all updates. Coach Magee manages the Oak Ridge High School Cheer Instagram that also contains information.**
- I. Parents/Guardians are expected to follow all forms of proper communication when speaking with a coach. (The chain of command is as follows: your child's coach, Head Coach, Cheer AP, Principal Spears, or Principal Norman)
- J. Understand that coaches are responsible for practices, enforcing the rules, providing consequences and making team decisions. **Coaches will not be influenced by negative comments or complaints.**

Please recognize that unforeseen circumstances do occur; interim changes to anything in this document may be made at the discretion of the coaches and administration. All decisions made by the coaches and/or administration are final.

Please sign and date the following to acknowledge that you have read and understand the parent responsibilities.

Parent/Guardian signature: _____ **Date:** _____

Cheerleader Behavioral Contract



The expectations for each member of the team are to support the balance between team supporter and the competitor. Being a member of the program, all girls/boys are expected to act appropriately and responsibly. As athletes, they are now going to be the lead examples of Oak Ridge High School. Signing this contract is acknowledgement that you have read the following, understand and choose to obey each part of the contract. **Please initial next to each statement and sign the contract below. Coaches will use this contract in addition to the established demerit system to ensure compliance.**

- _____ 1. Practices are considered a mandatory event. Any practices missed during the back to school practices will result in demerits and benching at the first game.
- _____ 2. Games are considered mandatory. Missing a game will result in demerits and benching at the next scheduled game. (*Exceptions can be made at coach's and administration's discretion*)
- _____ 3. If an athlete is tardy to the game, without getting prior approval from a coach, demerits will be given.
- _____ 4. In compliance with AACCA and *Conroe ISD Recommended Cheerleading Guidelines and Procedures*, no jewelry, chewing gum, fake nails/nails longer than fingertips, or hair in face during games, competitions, or practices.
- _____ 5. If athletes are in their uniform (except during halftime), they are to be sitting as a team in the bleachers or on the field with their team. **If they wish to act as a spectator for another game or other sport, then she/he must be out of uniform and in their own clothes.**
- _____ 6. Uniforms must be worn properly. This includes no bra straps showing. If not in uniform, they need to be in full warmups (if assigned) or dress code appropriate clothing. **Skirts must always be buttoned, and no midribs shall be showing at any game or practice. Uniforms should not be worn as individual pieces or a costume. Only cheer shoes are acceptable to wear at cheer functions. This means that before they walk into a game, practice, pep rally or competition, cheer shoes need to be on their feet. There are no exceptions.**
- _____ 7. **While cheering at games, cheerleaders will not be allowed to socialize except at halftime. (Varsity cheerleaders are required to sit as a team and support the Liberty Belles during halftime. After the performance, they can socialize.)**
- _____ 8. **Any cheerleader who is involved in any other activities MUST give all dates, calendars, schedules, events, conflicts etc. to your coach as soon as you receive the information. This does not mean the absence will be excused. Telling your coach the night before will not be acceptable.**
- _____ 9. Cheerleaders will not taunt any member of an opposing team nor the referees.
- _____ 10. **Athletes will act respectfully to the captains and coaches at all times.** Discretions or concerns will be discussed directly with the coach to find a solution to the problem.
- _____ 11. Athletes will not smoke, drink alcohol, or use any illegal substances while participating in the cheer program. **Any athlete that participates in illegal activity will face immediate removal from the program.** This includes shoplifting or any other arrests.****
- _____ 12. When athletes engage in text messaging or Internet social networking sites, they will only use appropriate language and display appropriate pictures. **Any athlete, under coaches' and**



administration discretion, which has misrepresented CISD, ORHS, or the cheer program, will face direct consequences, which may include removal from the team. Inappropriate language includes swearing and talking negatively about anyone. Inappropriate pictures include pictures of illegal substances, sexually explicit acts with boy/girlfriend, clothes and poses.

__13. Cheerleaders / Mascots will refrain from texting coaches personal devices to communicate and will use email or band app ONLY during appropriate hours of the day.

Athlete's printed name: _____

Athlete's signature: _____ Date: _____

Parent/Guardian printed name: _____

Parent/Guardian signature: _____ Date: _____



Parent Behavioral Contract

Below are the expectations for the parents of athletes in the cheer program. It's essential that parents support the balance between the team and the competitor. Being a parent member of the program, there is an expectation to act appropriately and responsibly. As parents, you are now going to be the lead example of Oak Ridge High School supporters as well as set an example for your child. Signing this contract is acknowledgement that you have read the following, understand and choose to obey each part of the contract. **Please initial next to each statement and sign the contract below.**

_____ 1. Practices are considered a mandatory event. **Please do not make appointments or call your child out of cheer practice or class. Appointments need to be made around cheer.**

_____ 2. Games are mandatory. Please make sure your athlete is always on time and ready to cheer.

_____ 3. If an athlete is tardy to the game, without notifying a coach, they will receive the consequence and sit out for a designated time. **A parent running late is NOT an excuse and the cheerleader will still sit out.**

_____ 4. Parents are not allowed to come onto the track or take the athlete anywhere if they are with the team for an event.

_____ 5. Parents will act respectfully to coaches at ALL times. Discretions or concerns will be discussed directly to the coach to find a solution to the problem. Proper communication is expected. (The chain of command is as follows: your squad coach → Head Coach → Cheer AP → Principal Norman or Principal Spears)

6. Parents will pay fees on time.

_____ 7. Please refrain from texting or calling your child while they are in practice. If it is an emergency, please contact the coach, who will relay the message.

_____ 8. **Parents need to refrain from gossiping/talking/venting about issues regarding other athletes, coaches or situations with the program. Coaches are very approachable and willing to hear your concerns.**

_____ 9. **Parents will not approach coaches before or after games/events with a concern. All parental concerns should solely involve your athlete. A conference must be scheduled.**

_____ 10. **Parents will refrain from texting coaches personal devices to communicate about athlete and will use email or band app ONLY during appropriate hours of the day.**

I understand that as a parent of the Oak Ridge High Cheer program, I am to support my athlete, the coaches, the booster club, and the program as a whole.

Parent/Guardian printed name: _____

Parent/Guardian signature: _____ Date: _____



Cheerleading Commitment Statement

Cheer Candidate: I have read the cheerleading packet, handbook and understand the tryout procedures and the operating principles of the cheerleading team and agree to abide by them; furthermore, if selected, I agree to accept the position and to follow all cheer team rules/guidelines. I will give my 100% in order to make our team the best possible in all events, during both football and basketball season. I am eagerly looking forward to becoming an active member of the ORHS Cheer team.

Candidate signature: _____ **Date:** _____

Mascot Candidate: I have read the mascot packet, handbook and understand the tryout procedures and the operating principles of the cheerleading team and agree to abide by them; furthermore, if selected, I agree to accept the position and to follow all cheer team rules/guidelines. I will give my 100% in order to make our team the best possible in all events, during both football and basketball season. I am eagerly looking forward to becoming an active member of the ORHS Cheer team.

Candidate signature: _____ **Date:** _____

Parent: I have read the cheerleading packet given to my daughter/son, understand the tryout procedures and the operating principles of the cheerleading team and agree to abide by them. If selected, my daughter/son has my permission to become an active member of the ORHS cheer team. I am aware that cheerleading requires a significant amount of time commitment and lots of dedication from both parents and cheerleaders. I will positively support the program and my athlete.

Parent/Guardian signature: _____ **Date:** _____

ESTIMATED EXPENSE SHEET FOR ORHS CHEERLEADING 2026-2027

The following is an **estimation** of the initial expenses for the 2025-2026 school year. Cheerleading is an expensive sport. While The Woodlands High School Cheerleading Booster Club assists with major purchases, many accessories are the responsibility of the individual. Please speak to the coach if there are special circumstances that require a payment plan.

After tryouts, a more detailed list will be sent to the incoming squad(s). There will be a mandatory fitting on **THURSDAY, March 19, 2026, at ORHS, Wrestling Room (near Red Gym)**

<i>Estimated Expenses</i>	<i>Estimated Cost</i>
Camp (includes Room & Board, Bus, Meals, Goodie Bags)	\$600
WOODLANDS ELITE	\$TBD
Camp Wear / Class Wear	\$350
Cheerleading Shoes	\$120
Blue/Red Pair of Briefs*	\$26 each
RED/BLUE Long Sleeve Midriff*	\$40 each
Bows (various colors)*	\$10 each
SENIOR Pullover*	\$190
TEAM PULLOVER/RAIN JAKET	\$130
WARM UPS	\$175
TEAM Uniform	\$165
Backpack*	\$115
RED/BLUE Poms*	\$50
TEAM FEE :	\$200
INCLUDES (TSHIRTS,TRAVEL SNACKS,BANQUET TICKETS,GROUP TEAM PICS,SENIOR HOCO SASHES ETC)	

ORHS CHEERLEADING SCHOOL/COACH POINTS 2026-2027

SCHOOL DISCIPLINE		10 Possible Points		
Includes: Administration evaluation of discipline		Score & Comments:		
Superior 10	Above Average 7.5	Average 5	Below Average 2.5	Poor 0
SCHOOL: <ul style="list-style-type: none"> Never assigned DAEP, JJAEP, ISS, ASD, or SD 	SCHOOL: <ul style="list-style-type: none"> Never assigned DAEP, JJAEP, or ISS Attended 1-2 ASD/SD 	SCHOOL: <ul style="list-style-type: none"> Never assigned DAEP, JJAEP, or ISS Attended 3-4 ASD/SD 	SCHOOL: <ul style="list-style-type: none"> Never assigned DAEP, JJAEP, or ISS Attended 5-6 ASD/SD 	SCHOOL: <ul style="list-style-type: none"> Assigned DAEP, JJAEP, or ISS Attended 7+ ASD/SD

ATTENDANCE/TARDIES		10 Possible Points		
Includes: School Attendance (includes tardies) 3 tardies = 1 unexcused absence		Score & Comments:		
Superior 10	Above Average 7.5	Average 5	Below Average 2.5	Poor 0
<ul style="list-style-type: none"> 1 unexcused absence 1-3 tardies 	<ul style="list-style-type: none"> 2 unexcused absences 4-5 tardies 	<ul style="list-style-type: none"> 3 unexcused absences 6-7 tardies 	<ul style="list-style-type: none"> 4 unexcused absences 8-9 tardies 	<ul style="list-style-type: none"> 5+ unexcused absences 10+ tardies

COACH'S POINTS Or Teacher Rec		10 Possible Points		
Includes: Cheerleading discipline file Self-Discipline/Respect/Positive Attitude Spirit/Enthusiasm Team Player/Cooperative/Sportsmanship		Score & Comments:		
Superior 10	Above Average 7.5	Average 5	Below Average 2.5	Poor 0
<ul style="list-style-type: none"> Superior behavior No benchings, probation, or suspension 1-2 minor infractions No major infractions No UIL ineligibility benching 	<ul style="list-style-type: none"> Excellent behavior No benchings, probation, or suspension 3 minor infractions No major infractions 1 UIL ineligibility benching 	<ul style="list-style-type: none"> Good behavior 1-2 benchings, was on probation or suspension 4-5 minor infractions 1 major infraction 2 UIL ineligibility benchings 	<ul style="list-style-type: none"> Acceptable behavior 3 benchings, was on probation or suspension 6-7 minor infractions 2 major infractions 3 UIL ineligibility benchings 	<ul style="list-style-type: none"> Poor behavior 4+ benchings, was on probation or suspension 8+ minor infractions 3+ major infractions Released or resigned from squad 4+ UIL ineligibility benchings

COACH'S POINTS:

ADDITIONAL COMMENTS:

2026-2027 ORHS Cheer Tryouts

Candidate # _____

RUNNING TUMBLING

Skill:	Score of Skill:				
<input type="checkbox"/> Full	1	2	3	4	5
<input type="checkbox"/> Layout	1	2	3	4	
<input type="checkbox"/> Tuck	1	2	3		
<input type="checkbox"/> BH Series (2+)	1	2			
<input type="checkbox"/> RO BHS or Single BHS	1				
<input type="checkbox"/> No Tumbling	0				

▪ Tumbling Technique & execution of skills

___/5

STANDING TUMBLING

Skill:	Score of Skill:				
<input type="checkbox"/> Full	1	2	3	4	5
<input type="checkbox"/> Tuck	1	2	3	4	
<input type="checkbox"/> BH Series (2+)	1	2	3		
<input type="checkbox"/> BHS (Single)	1	2			
<input type="checkbox"/> No Tumbling	0				

▪ Tumbling Technique & execution of skills

___/5

JUMPS

Connecting Jumps
(toe touch/hurdler/pike)
*Any order

Approach/Landing/Variety
Form & Execution

___/10

CHEER

Voice Projection & Memory |
Projection
Crowd Leading/Spirit
Motion Technique—sharp

___/20

DANCE

Motions & Sharpness
Rhythm & Precision
Projection—showmanship

___/15

Band Chant

Motions—sharpness
Use of Props—crowd leading
Projection & Spirit

___/15

ORHS Cheer Tryout Application 2026-2027



CANDIDATE INFORMATION:

Name: _____ Current Grade: 8 9 10 11
(circle one)
Home Phone: _____ Birth Date: _____
Address: _____
School Currently Attending: Irons JH ORHS Other: _____
(circle one)
Personal E-mail Address: _____

PARENT/GUARDIAN INFORMATION

Father's Name: _____
Work or Cell Number: _____
Home Number: _____
Mother's Name: _____
Work or Cell Number: _____
Home Number: _____
E-mail Address: _____

PLEASE ANSWER THE FOLLOWING QUESTIONS:

1. What does it mean to be a War Eagle?

2. Why is becoming an ORHS cheerleader important to you?



3. What do you see as the key role of the cheerleaders at Oak Ridge High School?

4. Please list any other clubs, activities, or sports that you are involved in at ORHS (or current school).

5. How will cheerleading play a part in your already busy schedule?

6. Please explain any attendance, grades, or discipline issues that you would like us to know more about.

7a. Would you like to be considered for a captain position? Yes or No (circle one) (Senior class of 2027 ONLY)

7b. If you answered Yes to the question above, explain what you could contribute to the team as a captain.



Oak Ridge High School Acknowledgement Form 2026-2027

- I have received, read, and understand the Cheerleader guidelines and procedures. My signature below indicates my agreement to adhere to all the guidelines and procedures outlined. I also understand that the guidelines are not all inclusive and that the cheerleading coach and/or administration may impose additional guidelines and procedures. Each cheerleader will receive addendums to the guidelines and procedures as they are made. I am also aware that in the event of a safety issue, the cheer coach may impose a guideline and procedure so the cheerleaders are safe.
- I am aware that the expenses involved in cheerleading can surpass \$1000. I further understand that all expenses must be paid prior to camp, according to due dates set by the coaches. I agree to pay the expenses involved in this sport by the due dates.
- **I understand that summer camp and all practices are mandatory.**
- I understand the rules for how teams are chosen and the scoring guidelines.
- My child has my permission to be a cheerleader at The Oak Ridge High School. I understand that my daughter/son will be evaluated by qualified judges and evaluated by coaches; we agree to abide by the decision of the judges and coaches. I understand that by the very nature of the activity, cheerleading carries risk of physical injury or death. No matter how careful the participant and coaches are, how many spotters are used, or what type of landing surface is used, this risk cannot be eliminated. I understand these risks and will not hold Oak Ridge High School/CISD or any CISD personnel responsible in the case of accident or injury.

The acknowledgement form is due to ORHS Sr. Campus main office by **Wednesday, February 25, 2026, no later than 3:00 p.m. or 4:00 p.m. for Junior High.**

Note: A cheerleader will not be allowed to participate in cheerleader activities until the acknowledgement form is on file with the coach.

Candidate's Name (printed)

Parent's Name (printed)

Candidate's Signature/Date

Parent's Signature/ Date



Conroe Independent School District Guidelines Commitment 2026-2027

I have received, read, and understand the Cheerleader/Mascot guidelines and procedures. My signature below indicates my agreement to adhere to all the guidelines and procedures outlined. I also understand that the guidelines are not all inclusive and that the cheerleader/mascot coach and/or administration may impose additional guidelines and procedures. Each Cheerleader/Mascot will receive addenda to the guidelines and procedures as they are made. I am also aware that in the event of a safety issue, the cheer coach may implement a guideline and procedure so the cheerleaders/mascots are safe.

Parent initials: _____ *Candidate initials:* _____

I am aware that the expenses involved in cheerleading can surpass \$1000.00 at the high school level and \$500.00 at the junior high school level. **I further understand that all expenses must be paid prior to camp, according to due dates set by the coaches.** I agree to pay the expenses involved in this sport by the due dates. I understand that summer camp and fall football practices are mandatory. My daughter/son is able to attend practices and camp for the full time. **Failure to attend camp will result in dismissal from the squad.**

Parent initials: _____ *Candidate initials:* _____

I understand that cheerleading is a time-consuming activity, and that if my son/daughter makes a squad, cheerleading activities must take priority. I have reviewed the attached calendar, but I understand that dates will be added as game/event schedules are finalized.

Parent initials: _____ *Candidate initials:* _____

My child has my permission to be a Cheerleader/Mascot in the Conroe Independent School District. I understand that my child cannot try out at more than one CISD school per year. I understand that my daughter/son will be evaluated by qualified judges and evaluated by coaches; we agree to abide by the decision of the judges and coaches. I understand that by the very nature of the activity, cheerleading carries risk of physical injury or death. No matter how careful the participant and coaches are, how many spotters are used, or what type of landing surface is used, this risk cannot be eliminated. I understand these risks and will not hold any CISD personnel responsible in the case of an accident or injury.

Note: A cheerleader/mascot will not be allowed to participate in cheerleader/mascot activities until this acknowledgment form is on file with the cheerleader/mascot coach.

Cheerleader/Mascot's name (Printed)

Parent(s) name (Printed)

Cheerleader/Mascot's signature / Date

Parent(s) signature/ Date



**Conroe Independent School District
2026-2027 Cheerleader Tryout
Cheerleader Participation & Medical Release Form**

My child _____ has my permission to be a cheerleader at Oak Ridge High School. I understand that he/she must abide by the 2026-2027 rules and regulations set forth by the coaches and administration of ORHS. I understand that my daughter/son will be evaluated by qualified judges and we agree to abide by the decision of the judges and coaches. I authorize ORHS cheerleading coaches to give permission for any emergency medical services deemed necessary for my child. I understand that any medical expense incurred will be my responsibility. I understand by the very nature of this activity, cheerleading carries risk of physical injury or death. No matter how careful the participants and coaches are, how many spotters are used, or what type of landing surface is used, the risk cannot be eliminated. The risk of injuries includes minor injuries such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falling on the back, neck, or head. I understand these risks and will not hold ORHS or any CISD personnel responsible in the case of accident or injury at this time.

The following pre-existing medical conditions or allergic reactions to medication are provided for your information:

****I understand that my child MUST have a CURRENT 2025-2026 Physical on file for the year or will be getting one before the first day of tryouts. All physicals NOT on file, must be turned in before the clinic begins on Monday, March 2, 2026.**

Signed this _____ day of _____, 2026

Signature (athlete/student)

Signature (parent/guardian)



Oak Ridge High School UIL Squad 2026-2027

GUIDELINES:

1. The UIL Squad will be chosen by the coaches.
2. Selected cheerleaders are required to attend the UIL State Competition OR any other competitions entered (we are looking at attending one showoff with other districts; usually the first weekend in December and/or January).
3. In order to reach the highest level of skill and commitment, cheerleaders from the varsity and junior varsity squads **will be selected by the coaches to compete**. The number of cheerleaders placed on the competition team will be up to 30 members with alternates per competition guidelines.
4. Squad members will attend competition practice weekly through the end of the competition season (a calendar of practices will be handed out and practices are **MANDATORY for mat team and alternates**). Please consider the time commitment for the UIL team. **Cheerleaders who are unable to commit or who miss mandatory practices will be removed from the squad.**
5. **Practices and performances supersede all work and outside obligations.**
 - a. There will also be a separate fundraiser (apart from the Sponsorships) to help with expenses. There is a possibility that some expenses can be covered by the cheerleading activity account depending on the funds required, time of year, and availability of funds at the time of competition.
 - b. Parents will be expected to incur any expenses not covered by monies raised. **These expenses may include and are not limited to choreography, training, and transportation.**

SQUAD SELECTION:

Coaches will select the squad members according to skills needed for the competition squad.

- a. **3-4 solid stunt groups:** these candidates must also have solid jumps, tucks/back handspring, motion technique, and dance skills as well.
- b. **Utility candidates:** solid jumps, solid back tuck, sharp technique, and dance skills.
- c. **Prop usage:** demonstrate mastery in sign and flag placement.
- d. **Overall impression:** natural smile, enthusiasm, voice projection, sharpness, ability to pick up choreography.
- e. **NOTE:** There have been some candidates in the past who have not had solid tumbling; however, their other skills (jumps, motion technique) were superior to their peers. These candidates will also be taken into consideration.

I have read and understand the guidelines for the 2026-2027 ORHS UIL Squad.

_____ I am interested in participating in the UIL Squad for the 2026-2027 season. **Note:** this does not guarantee a spot on the team; if chosen as an alternate, practices are mandatory.

_____ I am **NOT** interested in participating in the UIL Squad for the 2026-2027 season. I understand that I will not travel with the UIL team if I choose not to participate.

Cheerleader/Mascot's name (Printed)

Parent(s) name (Printed)

Cheerleader/Mascot's signature

Parent(s) signature

Date

Date

Teacher Evaluation for Cheerleading Tryouts 2026-2027



(This form is only necessary for candidates who are NOT currently an ORHS / IRONS Cheerleader)

Please complete the following form as soon as possible, so that we will have time to tally prior to the tryout date. Only teachers who have taught the candidate the first semester will participate in the evaluation process. It is very important to give the student an honest rating based on your knowledge of that individual student.

Please complete this form and return it to Reggina Magee on the senior campus by **Tuesday, February 24th, 2026**, either by mailbox or email. It is very important that you rate the student according to how YOU felt the student did in YOUR class.

Thank you for your time and cooperation. If you have any questions, please feel free to contact me at rmagee@conroeisd.net

Sincerely,

Reggina Magee

Name of Applicant: _____

Subject Taught: _____

For each category score: zero points for low ability
two points for high ability
*Note: .5 and 1 point increments can be given.
10 points total

Includes:

Academic performance..... /2
Responsible, turns in assignments, limited missing/late work, no UIL ineligibility

Responsibility..... /2
Prompt, takes ownership of schoolwork and responsibilities

Self-discipline/Respect/Positive attitude..... /2
Self-starter, completes projects within a deadline, has a positive attitude

Spirit/Enthusiasm..... /2
Leads class discussions, dresses up for school spirit days, demonstrates school pride

Team player/Cooperative/Sportsmanship..... /2
Demonstrates leadership in class, has a good rapport with peers, is a team player

TOTAL:..... /10

For office use only:

10 Superior 7.5 Above Average 5 Average 2.5 Below Average 0 Poor

Any UIL ineligibilities during the 2025-2026 school year: yes or no
If yes, when was the student ineligible?

Comments:

Signature of teacher: _____ Date: _____

School: (circle one) : ORHS Main ORHS – 9th IRONS Other: _____

Name _____ Current Grade 8 9 10 11

ORHS Packet Checklist

Due February 24, 2026

- Responsibilities (athlete, parent, behavior, commitment Pages 8-13
- ORHS Cheerleader Tryout Application Pg. 17-18
- ORHS Acknowledgement Form Pg. 19
- Conroe ISD Cheer Guidelines Pg. 20
- Cheerleader Participation & Medical Release Form Page 21
- ORHS UIL Squad Pg. 22
- *Candidates that **are not currently** ORHS or Irons cheerleaders need to turn in a teacher evaluation form (pg. 23) to a fall teacher of your choice–due by 2/24 @ 3pm to Coach Magee
- CISD Guidelines Commitment pg. 24
- **CISD Current School Physical 25-26*--ONLY if you **are not a current athlete at CISD campus**
- Current picture of student trying out for cheerleading–staple to front of packet**
- Copy of grades from first semester (see parent access)
- Put all in required papers envelope–and turn in by: 3:00pm ORHS/4:00pm Irons JH**

Thank you for your help and cooperation!